

wellbeing hub

Your local link to
wellbeing support
in Worcestershire



The Hub is open
Monday to Friday
9am to 5pm

Worcestershire Wellbeing Hub is an **information and signposting service** for people over the age of 16 who are experiencing **low mood, anxiety or stress, and feel that they would benefit from support from local community providers.**

How can you access the
Wellbeing Hub?

Call: **01905 766124**

Email: **WHCNHS.**

wellbeinghub@nhs.net

Or access the Wellbeing Hub
Directory online at:

**www.hacw.nhs.uk/
wellbeinghub**