

Supply
PATIENT GROUP DIRECTION (PGD) FOR

LIDOCAINE 5% OINTMENT

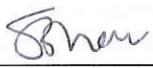



YOU MUST BE AUTHORISED BY NAME, UNDER THE CURRENT VERSION OF THIS PGD BEFORE YOU ATTEMPT TO WORK ACCORDING TO IT

Clinical Condition	
Indication	For local anaesthesia in patients presenting with genital herpes
Inclusion criteria	Patients aged 16 or over presenting to a sexual health clinic requiring surface analgesia in the ano-genital region for relief of the pain associated with genital herpes.
Exclusion criteria If any of the following apply the PGD CANNOT be used and the patient must be referred to a prescriber	Young people under 16 A known hypersensitivity to constituent agents Taking Amiodarone
Cautions - Seek further advice from doctor before proceeding and document advice	Pregnancy or lactation
Further information	Side effects unlikely if directions are followed however, applying to broken skin and /or mucus membranes will increase the risk of side effects (see side effect section below).
Action if patient declines or is excluded	Refer to doctor
Drug Details	
Name, form & strength of medicine	Lidocaine 5% ointment TEVA UK
Legal status	Prescription Only Medicine (POM)
Route/Method	Topical to ano-genital area
Dosage	As required to maintain local anaesthesia. Anticipated use several times a day for short periods of time only.
Frequency	As needed to maintain anaesthesia but not more often than every 4 hours. DO NOT USE MORE THAN ONE THIRD OF THE TUBE IN 24 HOURS.
Quantity to supply	15g tube
Side effects	Side effects of the application of small amounts of topical Lidocaine are extremely rare . Normally only small amounts of lidocaine are systemically absorbed from the skin, however, if the skin is broken or inflamed or the lidocaine is applied to a mucus membrane there is a greater potential for systemic effects.
Advice to patient/carer	Normal sensation may take several hours to return fully.
Follow up	Advise as appropriate

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Staff Characteristics	
Professional qualifications	Nurses on the NMC Register
Specialist competencies or qualifications	Nurses with a sexual health qualification who are already assessed as competent to diagnose and treat genital herpes using existing patient group direction for Aciclovir Hence have undertaken training in and attended annual updates on and therefore competent to administer medicines under PGDs and is trained in the management anaphylaxis
Continuing education & training	The practitioner should be aware of any change to the recommendations for the medicine listed. It is the responsibility of the individual to keep up-to-date with clinical developments as part of their continued professional development.
Referral Arrangements and Audit Trail	
Records/audit trail	Patient's name, address, date of birth, contact details of GP (if registered), dose administered/supplied, batch details and expiry. Diagnosis, advice given to patient (including side effects) Signature/name of staff who administered the medication Details of any adverse drug reaction and actions taken including documentation in the patient's medical record Complete departmental PGD usage log form
References/Resources and comments	Current versions of SPC – Summary of Product Characteristics; BNF – British National Formulary; BASHH Guidelines
Clinical Authorisation	
Lead Doctor	Dr Sumit Bhaduri, Consultant in GUM Signature:  Date: 3/10/18
Lead Pharmacist	Dr Alex Johnson, Prescribing Support Pharmacist Signature:  Date: 3.10.18
Lead Nurse	Carolyn Gosling, GUM Specialist Nurse Signature:  Date: 11.10.2018
Organisational Authorisation	
On behalf of Worcestershire Health & Care NHS Trust	Michelle Clarke, Director of Nursing and Quality Signature:  Date: 30/11/18.

