

Supply of Medicine

PATIENT GROUP DIRECTION (PGD) FOR

Clotrimazole Cream 1% and Clotrimazole Vaginal Tablet 500mg

YOU MUST BE AUTHORISED BY NAME, UNDER THE CURRENT VERSION OF THIS PGD BEFORE YOU ATTEMPT TO WORK ACCORDING TO IT

Clinical Condition	
Indication	Treatment of patients attending Sexual Health Service supported clinics in Worcestershire diagnosed with acute vulvovaginal candidiasis (V.V.C) or candidal balanoposthitis
Inclusion criteria	Direct microscopic visualisation of spores or pseudo-hyphae or both OR Positive culture for candida OR Clinically diagnosed candidal balanoposthitis or vulvovaginitis
Exclusion criteria	Known allergies to Clotrimazole or other imidazoles Representation with uncomplicated V.V.C or candidal balanoposthitis within 4 weeks Recurrent vulvovaginal candidiasis defined as 4 or more episodes annually Irregular or abnormal vaginal bleeding Vulval or vaginal ulcers, blisters or sores Lower abdominal pain or dysuria Fever or chills. Nausea or vomiting, diarrhoea Foul smelling vaginal discharge Pregnancy
Cautions/Seek further advice	If patient is known to be under 16 years old the nurse will discuss treatment with a doctor before proceeding
Action if patient declines or is excluded	Refer to supervising doctor/receiving facility as appropriate. Document refusal or action taken in patient's records.
Drug Details	
Name, form & strength of medicine	Clotrimazole Cream 1% 20g topical Clotrimazole Vaginal Tablet 500mg
Legal status	Pharmacy Medicine (P)
Route/Method	<u>For men and women</u> Clotrimazole cream 1% apply topically to affected area. <u>For women only</u> Clotrimazole vaginal tablet - 1 vaginal tablet 500mg one at night (single dose) inserted high into vagina
Frequency	Apply cream twice a day ONE vaginal tablet as a single dose at night
Duration of treatment	Topical cream - 7 days 1x20g tube Vaginal tablet - one single dose of 500mg.
Quantity to supply	One 20g tube of cream One vaginal tablet (women only)

Supply of Medicine

PATIENT GROUP DIRECTION (PGD) FOR


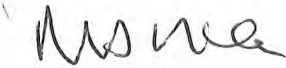
Clotrimazole Cream 1% and Clotrimazole Vaginal Tablet 500mg

Side effects	The manufacturers patient information leaflet (PIL) should be given. Rarely local irritation / rash may occur. If patient has any concerns about adverse effects they should contact their clinic, GP, A&E or Primary Care Centre for advice.
Advice to patient/carer	Mode of Action -_Anti-fungal treatment Instruction may be required on how to insert vaginal tablet/apply cream for some patients. The vaginal tablets and cream may damage condoms and diaphragms which should not be used for at least 5 days after using cream/vaginal tablet. Do not use tampons, intravaginal douches, spermicides or other vaginal products while using this product Use before or after the menstrual period. Consult their physician if the symptoms have not improved within one week of using Clotrimazole
Staff Characteristics	
Professional qualifications	Nurses on the NMC Register.
Specialist competencies or qualifications	A registered nurse working within the sexual health service, (after discussion and agreement with the service/departmental lead), who has undertaken training in and attended annual updates on and is therefore competent to supply and administer medicines under PGDs. Has completed approved training in Genito-urinary Medicine (GUM) and attends annual updates on GUM / STI.
Continuing education & training	It is the responsibility of the individual to keep up-to-date with clinical developments as part of their continued professional development.
Referral Arrangements and Audit Trail	
Referral	Consult physician if symptoms have not improved in one week.
Records/audit trail	Patient's name, address, date of birth, Contact details of GP (if registered), Diagnosis. Dose and form supplied. Advice given to patient (including side effects). Signature/name of staff who supplied the medication. Details of any adverse drug reaction and actions taken including documentation in the patient's medical record. Referral arrangements (including self-care)
References/Resources and comments	Current British Association of Sexual Health and HIV UK National Guidelines on the Management of Vulvovaginal Candidiasis & Balanoposthitis Summary of Product Characteristics & BNF

Supply of Medicine

PATIENT GROUP DIRECTION (PGD) FOR

Clotrimazole Cream 1% and Clotrimazole Vaginal Tablet 500mg

Clinical Authorisation	
Lead Doctor	Dr Sumit Bhaduri, Consultant in GUM Signature:  Date: 14/5/19
Lead Pharmacist	Dr Alex Johnson, Pharmacist Signature:  Date: 12.6.19
Lead Nurse	Carolyn Gosling, GUM Nurse Signature:  Date: 16.05.2019
Organisational Authorisation	
On behalf of Worcestershire Health and Care NHS Trust	Michelle Clarke, Director Nursing & Quality Signature:  Date:

Supply of Medicine

PATIENT GROUP DIRECTION (PGD) FOR

Clotrimazole Cream 1% and Clotrimazole Vaginal Tablet 500mg

Individual Authorisation

PGDs DO NOT REMOVE INHERENT PROFESSIONAL OBLIGATIONS OR ACCOUNTABILITY.

It is the responsibility of each professional to practice only within the bounds of their own competence and in accordance with their own Code of Professional Conduct.

Note to Authorising Managers: authorised staff should be provided with an individual copy of the clinical content of the PGD and a photocopy of the document showing their authorisation. Authorising managers should be sure that staff signed up to use the PGD have the necessary competence, training and knowledge to apply it.

I have read and understood the Patient Group Direction and agree to supply/administer this medicine only in accordance with this PGD. I confirm that I have the necessary competence, training and knowledge to apply it.

Name of Professional	Signature	Authorising Manager	Date