

EARLY INTERVENTION Referral Checklist



Worcestershire
Health and Care
NHS Trust

Working across Worcestershire with young people aged between 14 – 35 who are experiencing symptoms of psychosis for the first time or have been diagnosed with Bipolar 1 for the first time.

Early stages of psychosis tend to present with a wide range of changes in thinking, emotion and behaviour, and would usually affect the individual's level of functioning. In vulnerable adults drug use may trigger psychotic experiences which may be present for a short time or can trigger ongoing difficulties.

We recognise that psychotic symptoms can form part of the presentation of some personality disorders, dissociative states and other disorders. These would not necessarily be

appropriate for the service.

Worcestershire Early Intervention Service provides interventions in line with NICE Guidance and aim to meet the eight quality statements:

Individuals with first episode of psychosis start treatment in psychosis services within 2 weeks of referral – shorter DUP (Duration of Untreated Psychosis) = improved outcomes for individuals with psychosis or Schizophrenia.

Individuals with psychosis or Schizophrenia are offered CBT(p), Behavioural Family Therapy, medication, employment support, physical health assessments and carer support.

A. Positive Symptoms Reported

Hallucination - feeling, hearing or seeing things other can't	
Delusions - odd beliefs out of keeping with cultural norms	
Thought Disorders – disorganised speech, tangentially, thought block, withdrawal or insertion	
Ideas of Reference – interpreting innocuous events as highly personally significant	

C. Trait/state risk factors of psychosis

Family History of Psychosis in first degree relative	
History of abuse	
Drug using	
Accommodation problems	
Financial difficulties	
Criminal offending	
Physical health	
Environmental	

Tick all relevant boxes that apply, (we will anticipate that individuals being referred would have symptoms from Box A plus evidence of functional decline indicated in Box B).

Consider whether referral to EIS is appropriate; referral will be discussed in Multi-Disciplinary Team and outcome will be either assessment for First Episode Psychosis,

B. Possible precursors reported in last 6 months (*factors of particular concern)

Affective blunting	
Anger	
Anxiety	
Appetite	
Behaviour Changes	
Belief that thoughts have speeded up or slowed down*	
Depression	
Deterioration in work or study*	
Difficulties with memory or concentration	
Emerging unusual beliefs*	
Irritability	
Loss of energy or motivation*	
Mood swings	
Perception that things around them have changed*	
Sleep disturbances	
Suspicious	
Tension	
Withdrawal*	

Comprehensive Assessment for At Risk Mental State or we may offer advice and signposting.

To discuss or make a referral please contact the Early Intervention Service on: 01527 488200 or: 01905 734536 or email: WHCNHS.El@nhs.net. Alternatively contact the Single Point of Access on: 01905 681477.

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