We need action words to make sentences! Your child will first learn the names of actions that they use most regularly...such as, run, walk, eat, drink, sleep and sit.

Talk about what people are doing when looking at pictures or when out and about. Remember children need to hear these words a lot of times before they will try to use them for themselves.

**You will need:**
- Your child’s favourite toy character e.g. Bob the Builder
- Another toy for the adult to model

Model 3 or 4 actions with your toy e.g. run, walk, jump, sleep. Then tell the child you are going to see if their toy can do the actions e.g. make Bob jump, make Bob sleep

**You will need:**
- Bag of everyday objects – hair brush, cup, sponge, spoon, ball
- Action song – e.g. here we go round the mulberry bush

Sing the song with the child showing the actions with the objects. When the child is familiar with the song, encourage them to choose the correct object from the bag and carry out the action e.g. this is the way we brush our hair (child chooses brush from the bag and brushes their hair). Continue with other actions in the song.