Finding sounds

Playing games where children have to find a sound are a fun way of helping children learn to listen.

Start by putting out three boxes and hiding a noisy toy under one of them – you could also use a mobile phone playing music. Encourage your child to get down and listen to each box before deciding where the sound is coming from.

Try making it harder by hiding a music box or noisy toy somewhere in the room. Encourage your child to listen carefully and find the noise by looking under, in, on top and behind objects.