Encourage your child to communicate what they want by getting them to make a choice. This could be choosing between toys, activities and food, anything that motivates them!

Offer them a choice, even if you know what they are likely to pick rather than just giving them something. Giving them a choice means they will have to communicate in some way and at a level that is appropriate for them. This could be looking, reaching out or pointing, signing or vocalising.

If your child finds it difficult to choose between the two items you can help by offering a preferred item and one you know they definitely will not want.

Make sure you name the items to give your child a model of the word.

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