‘More’ is a highly motivating and useful first word for children to use as anything your child likes doing can be used to encourage them to use the word ‘more’.

Use ‘more’ at snack time eg. Give a few pieces of fruit rather than the whole fruit and then encourage your child to ask for more. Say “Do you want ‘more’ and pause before giving them another piece.

Use ‘more’ at playtime eg. blow some bubbles and say “do you want more?” Pause before you carry on to give them the chance to say the word.